

# SPIRIT SPEAK

## MEDITATIONS | GARDEN OF EDEN

NICOLE BONOMI

*EMUNAH.*

*You plant the seed, and God brings the weather.*

The Garden of Eden, that is your mind, is the place [that] I as you, and you as I, plant the seeds of the tomorrow we long for. Our longing has only become a longing because we are still waiting for a promised garden (the promised land) to bloom, and you there, on that planet, have conversations relating to 'manifestation', as though there is no work required in the mind for manifestation to come to pass [it is not only the heart].

If the mind cannot *adequately* interact (communicate) with the aether, there exists a problem in the vibration and therefore, you may find a cherry tree where you thought you planted a fig tree, or in a worse scenario, weeds where you thought you planted the date palm.

The mind [when lit] is an incredibly powerful vehicle, if One becomes aware of its great ability, One can fine-tune it to grow the garden One seeks to pick fruit from. That said, it is fundamental to this 'manifestation' as you refer, that you understand, that the mind must be *protected [gated], nurtured and tended to*. The mind is a private garden and the seeds sown must pass through your own Spirit's Knowing of whether those seeds will blossom the fruit you [truly] wish to eat.

*Nicole Bonomi*